

**Lake Fellowship
Mission Statement:**

*To provide opportunities
for learning, personal
growth and service
in an atmosphere of
freedom and fellowship*



Fellowship News

LAKE FELLOWSHIP OF UNITARIAN UNIVERSALISTS

MARCH-MAY, 2010

Lake Fellowship is a lay-led Unitarian Universalist congregation. We meet Sundays from the week after Labor Day to the week before Memorial Day. There is no program between Christmas and New Year's.

Adult Program: 10:30 a.m.

- Childcare can be provided during adult program (please call to inquire).

Lake Fellowship is located in an A-frame building one block west of Hwy 19 on Glen Road in Shorewood.

- Mailing address:
Box 174, Excelsior, MN, 55331
Telephone: 952-474-8064

Chairman's Corner

by Dan Larson

Hello everyone. With winter mostly behind us, I am sure I am not alone in looking forward to spring and seeing some green in the near future. It seemed like a lot of us were minimally able to get away to some warmer climates for some relief from the cold weather and snow. The winter party at the McGlynn's once again proved to be a very fun time for all, despite many bruises and aches the day after for those of us involved in broomball. The book club continued to meet monthly and several of us had a great time at Kate Leith's home one evening watching the season premiere of "The Amazing Race" where Kate's mom and niece were contestants.

We had some interesting programs in January and February with several outside speakers that came in and presented a variety of topics. The program committee just wrapped up scheduling the remaining Sunday programs for the year, which are posted on the LFUU website (www.lakefellowship.org) and listed in this newsletter. One of these programs will be on "church revitalization" with the focus on what makes LFUU tick. We will discuss all the volunteer positions, opportunities for next year, and get a demo on recent changes to the LFUU website. It is important that everyone get a perspective of what takes place behind the scenes to appreciate why LFUU is such a special place. We'll use this program as a forum for any questions of job duties, time commitment, etc. to try and get more / different individuals interested in volunteering. There are sev-

eral other fantastic programs planned with both internal group discussions and external speakers coming in.

The board met in February and will meet one more time in April to discuss a number of items. A summary of topics the board reviewed this year will be presented at the annual meeting. Speaking of which, a decision was made for this year's annual meeting to be held after the program on Sunday, May 23 – our last program of the '09 – '10 season. I'll be working on an agenda, but it will not be much different than other years. If there is a particular item that you would like discussed at the annual meeting, please send it directly to me for board review. Technically, board terms are up this spring for Kate Leith and myself, although we are both willing (and happy) to serve another term. If you are interested in serving on the Board, please let Scott Gauer know before the annual meeting that you would like to put your name in nomination. (There will be three board positions open in 2011.).

As a reminder, only official Lake Fellowship members are allowed to vote at the annual meeting. Anyone on the fence that wants to vote needs to contact Marilyn Vialle (Membership Committee Chair) or anyone on the board (Tim Wendt, Kate Leith, Matthew Tift, Scott Gauer, or me) about becoming a member a minimum of 30 days before the annual meeting. We'd love to grow our membership base with anyone interested in officially joining as a member. As always, if you have a concern or something you would like the board to review, please feel free to send it my way and I'll be sure to raise it at an upcoming meeting.

Other upcoming events to keep in mind are the LFUU Auction, General Assembly volunteer/registration deadlines, Spring Celebration pot luck with kids' activities, the Annual Meeting, the 50th Anniversary of LFUU Celebration, Spring / Summer small dinner groups, and General Assembly (in June). There will be more information/details provided in upcoming Sunday announcements and postings on the website.

Feel free to contact me anytime you have a question or concern.

Peace,

Dan Larson

larsondnav@hotmail.com or daniel.larson@navitaire.com
(cell) – 612.802.8611

"Throw your heart over the fence and the rest will follow." – Norman Vincent Peale

Programs

March 7 — Thoughts on The Afterlife

Fellowship member Marnie Karger will lead an informative, imaginative, and introspective discussion about what happens after we die. The discussion will scan the traditional beliefs of major world religions, delve into some new ideas, and invite you to consider not only what your afterlife might be, but also what that vision means in terms of how you live your life.

March 14 — Welcome to the Holodeck with Bob Speeter

Join us for an original interactive guided meditation focused on bringing to recognition the “stories” that humans create in constructing a worldview. Discover how “stories” keep us from our true selves. The meditation will then suggest methods, such as forgiveness and relinquishing stories, to reclaim our true nature. The meditation will use a unique method and interaction that should provide a lasting reminder of “story” creating and provide a visual means of changing the story or letting it go altogether. The meditation is designed to bring to life some of the similar concepts expressed in the works of Eckhart Tolle (*The Power of Now*), Byron Katie (*A Thousand Names for Joy*), Don Miguel Ruiz (*The Four Agreements*) as well as *A Course in Miracles*.

Robert Speeter has practiced in the state as a criminal defense attorney for over 25 years. He has been a student of forgiveness for the last 10 years and in September, 2009, was ordained as a ministerial counselor through Pathways of Light, located in Kiel, WI. Pathways curriculum is based primarily on the principles of *A Course in Miracles* with an aim toward facilitating remembering inner wisdom.

March 21 — The e-Era: The Good, The Bad, and The Ugly

In our culture, are we overusing electronic devices (phones, computers, televisions, etc.)? Could we be as technology-advanced as we are without such use? This discussion welcomes viewpoints from all ages, backgrounds, and perspectives.

March 28 — Social Witness Process

Chris Hall will lead a discussion on the Social Witness Process – While called by various names, the social witness process is the method by which the UUA comes to understand and act on the social issues of our times, finally bearing witness through statements adopted as UUA policy by the delegates of a General Assembly (GA). The top five of the following six (*as ranked in voting order on the UUA website*) proposed Congregational Study/Action Issues (CSAI's) will appear on the GA 2010 agenda; one will be selected at GA to be the 2010-2014 CSAI.

- o Energy, Peace, and Justice
- o National Economic Reform
- o Immigration as a Moral Issue
- o Ending Slavery
- o Revitalizing American Democracy
- o Nuclear Disarmament

April 4 — Spring Celebration, Treasure Hunt and Pot Luck

The Segals will organize a fun treasure hunt for the kids that will be followed by a pot luck meal. Watch for a sign-up sheet on the bulletin board.

April 11 — Acoustic Guitar Concert by Harry Chalmiers

Harry Chalmiers is the President of McNally Smith College of Music, Former Vice President of Berklee College of Music in Boston, former Executive Director of MacPhail Center for Music, and a lapsed member of the Lake Fellowship Unitarian Universalists. Basically, Harry is a guitar player and composer who let his day gig get way out of control. He will perform a program of acoustic guitar music and songs, mostly his own compositions. (*Editors' Note: Harry, even lapsed members are welcome anytime!*)

April 18 — Earth Day

Lake Fellowship's young members will do a program involving the adults on the environment. Topics will include recycling, stewardship, and clean air and water from a kid's point of view.

April 25 — Lake Fellowship Revitalization Service

A discussion of what makes Lake Fellowship UU tick. Board Chair Dan Larson will discuss historical volunteer positions and plans for next year. Dan will also demonstrate the new features of our Web site, and provide us with an update on the General Assembly of the UUA.

May 2 — Will Rogers: lecturer and humorist

A cowboy, champion roper, star of the wild west shows, Broadway and the movies; a lecturer, humorist, syndicated columnist and the most recognized man in the world in the early 1930's; some say he is the third most quoted source (after the Bible and Shakespeare). This will be a short and entertaining biography presented in the words of Will Rogers himself.

May 9 — The Five Reasons Why Clean Renewable Energy Is So Critically Needed

Louis Asher, a multi-faceted former employee of 3M and an experienced instructor, returns to Lake Fellowship to present these important environmental points. Many people are aware that global warming is a critical reason for the need for clean renewable energy. There are at least four other strong reasons including: acidification of the oceans from CO₂; health reasons such as mercury contamination from burning coal; national security; and economics.

May 16 — Everything I need to know, I learned in kindergarten... oh, wait.

This will be a panel discussion led by members of our fellowship whose life experience spans several decades, and will focus on life lessons.

May 23 — End of Year Celebration

This marks our final formal gathering of the season. It will include a potluck cookout (bring a dish to share and something to grill), a talent show, and will be followed by the annual membership meeting.

You are invited to the
Lake Fellowship of Unitarian-Universalists:
anything but silent ...

Auction and Dinner
Saturday, April 17

6:00 p.m. Cash Bar
6:30 p.m. Potluck Dinner*
7:30 p.m. Auction

This is a fundraiser for the Fellowship; all proceeds will go into the Fellowship general fund.

Everyone is encouraged to donate an item or service; examples of donations from past auctions: *boat ride & dinner — homemade pie — original artwork — computer tune-up — foot massage — genealogy researched — catered dinner — "bed & breakfast" overnight*

Please e-mail a description of your donated item by 4/3/10 to Les Kraus, auctioneer, at leskraus@gmail.com.

Bring a checkbook or cash to the event to pay for any items you purchase.

Invite your friends!!!!

Childcare maybe available; let us know ASAP if you need it. RSVP by 4/3/10 to gauer_mn@yahoo.com; questions to same.

***Sign-up for the potluck will be posted at the A-frame.**



Friends and members of Lake Fellowship of Unitarian-Universalists are invited to

Sangha

...a community to practice mindfulness and compassion in the spirit of the Buddha

*9:15 to 10:15 am, every Sunday
before the regular program at the A-Frame*

*All are welcome regardless of
meditation experience.*

Bring pillows or a meditation cushion
and 1 or 2 blankets

We are guided by Fellowship member
Susie Rosenthal Kraus who has practiced
Buddhist meditation for 16 years.

Questions? Contact either
Susie Rosenthal Kraus, 952-240-0108,
susan.srksrk@gmail.com

or

Laurie Gauer, 952-474-4951,
gauer_mn@yahoo.com

Book Club News

Our LF bookclub continues to do well. February 28 we read and discussed *Riding The Bus With My Sister* by Rachel Simon. The potluck dinner was quite tasty, using some of the ideas from the book. We all liked the book and felt that we learned more about mental retardation and how considerate and helpful some of the bus drivers were to their passengers. We selected some books for the upcoming months. In March we will read and discuss *Neither Wolf Nor Dog* by Kent Nerburn. It describes the world of an Indian elder know only as Dan. It is a world of Indian towns, white roadside cafes and abandoned roads that swirl with the memories of the Ghost Dance and Sitting Bull. Readers meet vivid characters like Jumbo, a 400 pound mechanic and Annie, an 80 year old Lakota woman living in a log cabin. Threading through the book is the story of two men struggling to find a common voice. The author is a MN writer.

Some of the books after March are:

- *Buffalo For The Broken Heart* by Dan O'Brien
- *The Reluctant Fundamentalist* by Mohsin Hamid
- *The God of Small Things* by Arundhati Roy
- *Stones From the River* by Ursula Hegi
- *The Turtle Catcher* by Nicole Helget
- *Lonesome Dove* by Larry McMurtry

Web Connections...

Lake Fellowship Web Page: www.lakefellowship.org

Unitarian Universalist Association, representing over 1000 liberal congregations in North America: www.uua.org

Prairie Star District, the upper midwest district of the UUA: www.psduua.org

***What do Unitarian Universalists Believe?
The Seven Principles of the
Unitarian Universalist Association***

- The inherent worth and dignity of every person;
- Justice, equity and compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congregations;
- A free and responsible search for truth and meaning;
- The right of conscience and the use of the democratic process within our congregations and in society at large;
- The goal of world community with peace, liberty, and justice for all;
- Respect for the interdependent web of all existence of which we are a part.

This newsletter is published bi-monthly for the Lake Fellowship Unitarian-Universalists and friends. Editors are Terry McGlynn, 952-470-9501, terry.mcglynn@mchsi.com and Beatriz Aguerrevere, 952-937-8725, baguefff@me.com
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